

Senior Home Internationals Selection Policy for Wales 2022

The Welsh SHI Team is to be comprised of 6 M21, 6 W21, 3 M20 and 3 W20 athletes. The competition takes place on 5-6th November in Southern England and will consist of a relay and an individual race.

The team will be selected using the British Orienteering ranking scores achieved at the following races in 2022:

- Welsh Middle Distance Championships (24th September, Stackpole)
- Welsh Championships (1st October, Gwanas)
- British Championships Long distance (already held)
- British Championships Middle distance (already held)
- JK Day 2&3 (i.e. Individual Middle & Long races already held)
- Any other Welsh League orienteering race already held in 2022, prior to 3rd October

Orienteers need to compete in at least one of these races to be considered. We will rank athletes by their highest British Orienteering ranking score achieved at any one of these races and select athletes to the teams in this order. Reserve athletes will also be selected in this order. Please note that as selection is based on ranking points, older/younger athletes wishing to be selected can still run in their own age categories at relevant events. M/W16s are unable to score ranking points however exceptional athletes may be considered based on results (again M/W16s may run in their own age category in relevant events).

Selections will be made as soon as possible after British Orienteering ranking scores are published following the Welsh Championships race on 1st October.

It is an athlete's responsibility to notify selectors of any injury/illness/significant decline in form at the time of selection. It is also an athlete's responsibility to confirm eligibility and availability for the SHIs.

Any athlete eligible to compete for Wales should ensure the Selectors are aware prior to Monday 3rd October 2022. You can either contact them individually or email <u>information@woa.org.uk</u>.

Selectors: Megan Carter-Davies (MWOC), Ben Mitchell (SBOC), Alice Bedwell (BOK)

Eligibility Criteria:

To be eligible to represent Wales in a Home International (HI) a person must be a current British Orienteering member and be:

- Eligible by Birth. Be born in Wales OR
- Eligible by Parentage. Have a parent who was born in Wales OR
- Eligible by Residence. Have established permanent residence in Wales for at least one year (see Notes 1 and 2).

AND, if M/W18 or younger has not represented another home nation in that calendar year; if M/W20 or older, has not represented any other home nation in a home international in the previous two years (see Notes 3 and 4).*

Notes:

1. Students can achieve eligibility by residence if they can prove a permanent home base in Wales.

2. Established eligibility by residency is voided if another home nation is represented but otherwise endures.

3. The last paragraph* means two fallow years i.e. 2 missed years of Home Internationals (except for M/W18 and below: no fallow years required).

4. Athletes currently competing for a nation other than GBR or Ireland(Eire) are nevertheless eligible provided they meet one of the three listed criteria, AND the fourth criterion.

5. Any orienteers in age categories older than M/W21 may compete as M/W21. Similarly any orienteers in age categories younger than M/W20 may compete as M/W20.